

Mint & redcurrant sauce



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Preparation 15 mins | Makes about 1 cup

This tangy mint sauce is excellent served with lamb or fish. It's also delicious tossed through steamed new potatoes or green beans.

1½ cups mint leaves*, finely chopped ¼ cup boiling water ½ cup white balsamic or white wine vinegar ½ cup caster sugar ¼ cup redcurrant jelly Salt and ground black pepper *You'll need about 1 bunch fresh mint

STEP 1 Place mint leaves in medium heatproof bowl. Pour over boiling water and stand for 30 seconds (this sets the colour).

STEP 2 Stir in vinegar, sugar and redcurrant jelly. Season with salt and pepper. Stir until sugar dissolves and serve.

Good for you...*mint*

Fresh mint supplies small quantities of minerals and vitamins.





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