

Eggplant, lime & tofu laksa

Preparation 20 mins | Cooking 15 mins | Serves 4

350g dried rice noodles
1 tbs rice bran or peanut oil
250g firm tofu, drained and cut into 3cm cubes
1 medium (about 300g) eggplant, cut into 3-4 cm pieces
2 tbs red curry paste
4 cups chicken or vegetable stock
270ml can light coconut milk
2 tsp brown sugar
2 tbs lime juice

To serve:

½ cup bean sprouts, trimmed
½ cup coriander leaves
½ cup mint leaves
2 tbs roasted peanuts, chopped
1 small red chilli, thinly sliced
1 lime, cut into wedges

STEP 1 Cook noodles in a large saucepan of boiling water for 4-5 minutes until tender. Drain. Divide noodles between four large serving bowls. Set aside. Wipe pan dry.

STEP 2 Heat oil in the large saucepan over high heat. Add tofu and cook, turning often, until golden. Transfer with a slotted spoon to a plate. Set aside. Add eggplant and cook for 2-3 minutes until golden. Transfer to the plate. Set aside.

STEP 3 Add curry paste to pan and cook, stirring, over medium heat for 1-2 minutes until fragrant. Add stock, coconut milk and sugar. Reduce heat to medium, cover and bring to the boil. Reduce heat and add eggplant. Simmer for 5 minutes.

STEP 4 Add tofu and lime juice to pan and simmer for 1 minute. Ladle broth over noodles in serving bowls. Top each with bean sprouts, coriander, mint, peanuts and chilli. Serve with lime wedges.

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