

## Chilli chestnut, Asian greens & tofu stir-fry

## Chilli chestnut, Asian greens & tofu stir-fry

Preparation 30 mins | Cooking 25 mins | Serves 4

This stir-fry is great for a healthy vegetarian lunch or dinner.

300g fresh chestnuts 500g fresh rice noodles ½ cup oyster sauce 1 tsp sesame oil 1 bunch baby bok choy 1 bunch choy sum 2 tbs peanut or vegetable oil 200g firm tofu, drained and cut into 2-3cm cubes 2 garlic cloves, chopped 2 cm piece ginger, finely chopped 1-2 (to taste) small red bird's eye chillies, deseeded and thinly sliced

**STEP 1** Cut a small cross into the flat side of the chestnut shell. Plunge prepared chestnuts into a small saucepan of boiling water and gently boil over medium-high heat for 15 minutes or until tender. Drain and cool slightly. While warm, remove outer shell and thin brown skin, then halve chestnuts. Set aside.

**STEP 2** Place noodles into a heatproof bowl, cover with boiling water and stand for 1 minute until just tender. Drain and separate noodles. Set aside. Combine oyster sauce, sesame oil and 1 tbs boiling water in a jug. Set aside.

**STEP 3** Trim then slice bok choy and choy sum stems and roughly chop the leaves. Heat a wok over high heat until hot. Add 1 tbs oil and tofu and cook, tossing often, for 2-3 minutes until golden. Remove to a plate. Add remaining 1 tbs oil, garlic, ginger and chilli to wok and stir-fry for 30 seconds. Add bok choy and choy sum stems and stir-fry for 2 minutes. Add bok choy and choy sum leaves and oyster sauce mixture. Stir-fry for 2-3 minutes until leaves wilt. Toss through chestnuts and noodles and serve.

SYDNEY MARKETS<sup>®</sup> For more fresh fruit & veg recipes visit www.sydneymarkets.com.au

Neither whole nor part of this leaflet may be reproduced without written permission from Sydney Markets Limited. AUT15