

BBQ mushroom, haloumi & tomato burgers



BBQ mushroom, haloumi & tomato burgers

Preparation 20 mins | Cooking 15 mins | Serves 4

4 large Portobella flat mushrooms, trimmed 1 yellow capsicum, trimmed, deseeded and cut into 8 pieces lengthways Olive oil cooking spray 250g haloumi cheese, sliced 2 ripe oxheart, heirloom or vine-ripened tomatoes, sliced 50g baby spinach leaves lemon wedges and dukkah*, to serve

Yoghurt & tahini dressing: ¹/₃ cup Greek-style natural yoghurt 1 tbs tahini^{**}

1 tbs lemon juice

*Dukkah is a dry mixture of sesame seeds, hazelnuts, coriander and cumin flavoured with herbs. It's available at some greengrocers and supermarkets.

**Tahini is a creamy sesame seed paste available from supermarkets.

STEP 1 To make dressing, place all ingredients in a bowl. Season with salt and pepper. Whisk to combine. Set aside.

STEP 2 Preheat a greased barbecue plate on medium-high heat. Liberally spray mushrooms and capsicum with oil. Barbecue mushrooms and, capsicum, in batches, for 3-4 minutes on each side until tender. Transfer to a baking tray. Keep warm. Spray haloumi with oil, barbecue for 1-2 minutes on each side. Transfer to a plate.

STEP 3 To serve, top each mushroom with haloumi, capsicum and tomatoes. Serve with spinach leaves, yoghurt & tahini dressing and dukkah, if using.

SYDNEY MARKETS[®] For more fresh fruit & veg recipes visit www.sydneymarkets.com.au

Neither whole nor part of this leaflet may be reproduced without written permission from Sydney Markets Limited. SUM15